



**UNIVERSITY
of LIFE SCIENCES**
in Lublin

***Put your future
in good hands***

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Hello,

It is a great pleasure to welcome you at the University of Life Sciences in Lublin.

We hope that your stay here will be rewarding for you in many ways. It will be a chance to gain knowledge and experience and above all, it will definitely be an amazing adventure giving you plenty of opportunities to meet many friends.

Coming to a foreign country to study is a great challenge. The following guide contains information that will help you learn more about ULSL, Poland and Polish culture and how you can spend your free time actively, what you can visit or where to eat and do your shopping. It is important that you feel safe during your stay in Lublin so at the end of the guide you will find contact details to the relevant units at the University and offices in Lublin.

Let your journey with ULSL begin!

About ULSL

For over 70 years, the University of Life Sciences in Lublin has been combining academic tradition with a modern approach to science and education. As a multi-profile university, it integrates agricultural, biological, veterinary, technical, economic and social sciences. The excellent, newly established research and teaching centres create favourable conditions for the development of innovative solutions in all areas of the University's activity.

The University of Life Sciences in Lublin promotes science, economy and society through the education of students, the development of academic staff and scientific research as well as services to the environment in three key human interest areas:

- techniques, technologies and organization of food production;
- development and protection of the human environment;
- health and healthy lifestyle.





The University premises are situated in several places. The main campus is located in Akademicka Street and Głęboka Street. It consists of older buildings, commissioned for the University use in the 1950s and the most recent ones erected in the years 2000-2020:

- Collegium Agronomicum II [2000] Congress Centre (with an auditorium for 600 people) [2001]
- The Regional Centre for Agricultural Scientific Information (Main Library) [2012]
- The Centre for Investment and Implementation of New Technologies in Agricultural Engineering [2013]
- Innovative Centre of Animal Pathology and Therapy (ULS) [2015]
- Research Station and the Didactic and Training Centre of Equestrian and Hip-
potherapy [2020 - start of the investment]
- A modern seat of the Faculty of Foodscience and Biotechnology
in Skromna Street [2005]

Over 75,000 graduates and valuable research projects implemented so far are the best recommendation for the University.

Study with US

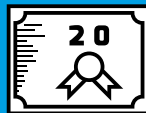
Facts & Figures



1944 – the first
Faculties were created



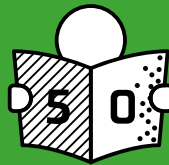
75 000 graduates



nearly **20**
postgraduate
studies



over **70**
years of research
and teaching



over **50**
programmes of study



scientific and didactic
infrastructure

34
buildings located
in a few buildings



over **1500**
employees



8 000
students



700
academic
staff



1 historic Manor
House in Felin



over **100**
inter-institutional agreements
in the framework of Erasmus+
programme



65 the number of patents granted by the Polish Patent Office only in 2018



5 dormitories



over **60** scientific circles and student organisations



over **380** thousand books and journals in the Main Library



4 experimental farms covering the area of **1646** ha in total



over **100** horses in equestrian centres



1 didactic and sailing Station located at Piaseczno lake



almost **35** million PLN worth research grants obtained in 2018



20 sports sections within various disciplines



58 Honoris Causa doctors at our University

Study with US

Learn five most important reasons why is it worth studying with us!



Lublin: a student city

One of the most buoyant and largest academic centers in Poland, attractive destination for students from all over the world.



Practical education

We offer not only promising fields of study but also focus on practical aspects of education (internships, placements, laboratory classes).



Modern campus

High-tech and fully-equipped scientific-didactic units, high standard of studying, the Physical Education and Sports Centre with a swimming pool and a climbing wall.



On-campus accommodation

Foreign students are offered accommodation in the University dormitories located within the campus area both in the city center and on the outskirts



Development chances

Passions and interests of our students are our priority, therefore we offer our support our students and a wide range of development possibilities:

- scientific:** actively operating scientific circles, opportunity to take part in international conferences and grant programmes
- social:** Student Council – initiating, implementing and completing interesting projects, cooperation with university media
- sports:** modern Sports and Recreational Centre offers a wide range of sport disciplines
- artistic:** Song and Dance Group "Jawor" and Academic Choir enable students to pursue their dance and vocal passions

The University of Life Sciences in Lublin offers studies at three levels of education (first-cycle, second-cycle, third-cycle studies - doctoral studies), uniform master's studies and supplementary courses - post graduate studies. The multi-level education system operates according to the principles of the Bologna Process and the European Credit transfer System (ECTS).

First-cycle studies

lasting from 3 to 3.5 years, a graduate is awarded the title of Engineer (bachelor's degree) and may continue studying at the second-cycle - master's level.

Second-cycle studies

lasting from 1.5 to 2 years and available for first-cycle graduates; after completing his/her studies, a graduate receives a professional title - a master's degree

Long cycle studies uniform master's studies lasting from 5 to 6 years, after completing the uniform master's studies, a graduate receives a master's degree of Veterinary Physician (Doctor of Veterinary Medicine) and may continue studying at doctoral school.

Doctoral school

lasting 4 years, graduates with a master's degree may apply for admission to the doctoral school, a graduate receives a professional title - the doctor's degree.

Postgraduate studies (non-graduate programmes)

depending on the course - they last from 1 to 2 years. Graduates receive a diploma of postgraduate studies.



LONG CYCLE PROGRAMME

Programme	Years / Semesters	Tuition fee (per year)
Veterinary Medicine (DVM)	5,5 years / 11 semesters	Year I – 6800 EUR Year II,III,IV,V – 7500 EUR Year VI – 3750 EUR

BACHELOR PROGRAMMES (engineering programmes)

Programme	Years / Semesters	Tuition fee (per year)
Animal Science and Dairy Production (engineering programme)	3,5 years / 7 semesters	Year I – 4000 EUR Year II, III – 4200 EUR Year IV – 2100 EUR
Equine Management and Care	3 years / 6 semesters	Year I – 5900 EUR Year II, III – 6700 EUR
Management and Production Engineering (engineering programme)	3,5 years / 7 semesters	2200 EUR

MASTER PROGRAMMES

Programme	Years / Semesters	Tuition fee (per year)
Agriculture	1,5 years / 3 semesters	2200 EUR
Food Technology and Human Nutrition	1,5 years / 3 semesters	2200 EUR
Green Urban Planning	1,5 years / 3 semesters	4000 EUR
Plant Protection and Phytosanitary Control	1,5 years / 3 semesters	3000 EUR
Management and Production Engineering	1,5 years / 3 semesters	2200 EUR

VETERINARY MEDICINE

Long cycle programme

Become a Veterinarian (Doctor of Veterinary Medicine)!

Why is it worth studying Veterinary Medicine at ULSL?

- ✦ Long tradition of excellence in research and teaching, highly qualified staff, modern facilities, equipment and campus
- ✦ The history of the Faculty of Veterinary Medicine dates back to 1944, since then more than 6 000 veterinary surgeons have graduated
- ✦ Diploma recognized within European Union
- ✦ 38 elective subjects to offer, out of which students have to choose 12 during the whole period of studies. It enables them to complete their studies in a chosen area of interest. The aim is to ensure flexible design of curriculum
- ✦ Subjects divided into basic sciences, clinical sciences, professional knowledge and other (e.g. foreign languages, first aid course)
- ✦ Curriculum starts with basic subjects such as anatomy, biochemistry, physiology. Later on students get acquainted with hygiene of animal source food, elements of husbandry and nutrition. Clinical subjects are offered together with obligatory clinical practice
- ✦ Among elective subjects students can choose e.g. exotics animals, oncology, ophthalmology



Practical education

- ✦ 5.5 year (11-semester) program of Veterinary Medicine
- ✦ At ULSL we integrate hands-on clinical practice with modern teaching methods
- ✦ The system of practical professional training in private clinics, meat plants, milk plants and sanitary-veterinary inspection units strengthens an educational process
- ✦ Students participate actively in diagnosis and treatment of clinical cases
- ✦ University clinics have a total of 8 surgical theatres: for small animals, farm animals, ophthalmic and dental



We are focused on practical education:

- ✦ field and practical classes in various agri-food industry enterprises as well as several Experimental Farms and Didactic and Experimental Stations in Lublin;
- ✦ self-testing during the classes;
- ✦ obligatory and extracurricular practices;
- ✦ foreign language courses that include specialized vocabulary typical of the field of agriculture;
- ✦ a number of scientific and student organizations in which you can develop your interests

AGRICULTURE

Second-cycle studies

Become a specialist in the field of agriculture!

Why is it worth studying Agriculture?

It is a combination of life-sciences and technical studies. The programme includes basic natural sciences (biology, chemistry, environmental sciences) as well as professional knowledge of plant and animal production, economics and organization of farms, genetics and plant breeding, markets of agricultural products and application of IT in agriculture.

You will be provided with a comprehensive education that integrates extensive knowledge that goes far beyond its stereotypical perception. The programme combines among others ecological agricultural production, renewable energy resources, the use of GPS systems, environmental protection.

You will obtain a broad understanding of life sciences mainly in the field of plant production as well as technological and technical knowledge. You will learn the methods of economic analysis, management and the principles of organizing economic activity. Moreover, you will acquire education in the field of ecology and environmental protection as well as in humanities like sociology, ethics, rural history. All these skills combined with the comprehension of research methodology, the use of operating systems and database support enable the graduates to work not only in agriculture, but also in many other branches of economy and local government administration.

ANIMAL SCIENCE AND DAIRY PRODUCTION

First-cycle studies

Interested in animal production and food studies?

This course will prepare you to work in the livestock industry and dairy manufacturing industry!

The course will provide students with knowledge of fundamental principles in each stage of animal production, and production of high quality food products of animal origin. Emphasis is also put on providing students with skills and competencies regarding animal husbandry, breeding techniques, medical care and humane treatment of animals, feed technology, farm management and food processing methods.

COURSE HIGHLIGHTS:

- ✦ Highly qualified staff,
- ✦ Modern teaching methods
- ✦ Exceptional laboratories
- ✦ Multidisciplinary field experience:
 - Cooperating area farmers and ranchers
 - Experiential learning opportunities
 - Practical training during studies
- ✦ Modern facilities, equipment and campus
- ✦ A number of scientific and student organizations in which you can develop your interests



CAREER OPPORTUNITIES:

- ~ Public Administration Related to Agriculture
- ~ Farm / Herd Management
- ~ Breeding Supervision and Insemination Services
- ~ Dairy Production
- ~ Food Processing Occupations
- ~ Commodity Organization Specialist
- ~ Milk Inspector
- ~ Animal Nutrition Consultant
- ~ Feed Sales Representative



EQUINE MANAGEMENT AND CARE

First-cycle studies

Become a specialist in horse breeding and use!

HANDS - ON EXPERIENCE

Our students have access to 12 warmblood horses, including native Małopolski Horses and Felin Ponies - the only Polish breed of ponies developed by the employees of the University of Life Sciences in Lublin. Practical classes are held in a fully-equipped University Horse Centre as well as on the occasion of trips to competitions, equestrian events, races and visits to leading horse centers.

Equestrian classes are conducted in small groups, diversified according to students' skills. Top riders can take the Brown Badge Riding Exam of the Polish Equestrian Federation which is a member of FEI.

Students have the opportunity to develop their scientific passions in various organizations and scientific circles. They can also practice their horse riding skills while studying at the university under the supervision of experienced instructors. Students receive a special discount.

Why is it worth studying Equine Management and Care?

You will acquire knowledge, skills and competence in horse physiology related to breeding, use and all forms of care to ensure welfare. Numerous specialized subjects such as Equestrian Rules, Horse Care, Natural Horsemanship, which are essentially practical, will adequately prepare you for your future work. The curriculum includes 32 obligatory courses, 12 elective courses, three humanity subjects and a foreign language which is taught over four semesters.

The internship starts during the period of foal breeding and mare mating. Other specialized subjects of the first semester and the fourth one, such as Horse Training Bases, Horse Care or Horse Geriatrics, will allow students to have their second internship which will include an utilitarian and care profile. This internship will take place in summer, during the time of the largest equestrian events in Poland including: "European Eventing Championships for Young Riders", "CAVALIADA TOUR", "CSIO5*", "Pride of Poland" - a purebred Arabian horse auction.

FOOD TECHNOLOGY AND HUMAN NUTRITION

Second-cycle studies

Why is it worth Studying Food Technology and Human Nutrition?

Food technology and human nutrition curriculum is designed to provide a practical and theoretical training on the transformation of agricultural raw materials into processed, packed, shelf-stable food products. The main aim of the programme is to prepare highly qualified technologists and specialists in human nutrition for the food industry. The interdisciplinary study programme given in a practical engineering context provides students with the necessary knowledge, skills and values to make them attractive on the labour market both in the industrial and government sectors.

The graduates will gain multidisciplinary background on scientific principles related to food technology and human nutrition. The study will provide opportunity to work in a field of food production and distribution as well as analysis of quality of raw material and products. The knowledge gained during the studies allows graduates to hold a range of different positions connected with the processing of meat, milk, cereal, fruit, vegetables, mushrooms, as well as in sugar industry, food biotechnology, gastronomy, human nutrition and food safety control. Graduates will be learnt to manage their projects and perform analysis and to internalise quality management systems.



Students who will graduate will be able to apply for different positions in:

- ✦ food processing companies
- ✦ gastronomy
- ✦ food distribution companies
- ✦ planning and design companies
- ✦ vocational education
- ✦ advisory companies
- ✦ public food control institutions
- ✦ food and water control laboratories
- ✦ scientific and research institutions
- ✦ research and development institutions



URBAN PLANNING

GREEN URBAN PLANNING

First-cycle

Second – cycle studies

Become a specialist in modern green urban planning!

We are focused on practical education:

- + field trips are planned in the study program, thematically tailored to the class requirements;
- + graduates of the Faculty of Horticulture and Landscape Architecture are often employed in public administration offices, design offices, and set up their own design companies;
- + contact with specialists in the field of spatial planning, landscape architecture and botany can enable student to specify their individual interests;
- + there are scientific circles in the department related to landscape architecture and art.

Why is it worth studying Green Urban Planning at ULSL?

With this course of study we aim at integrating the areas of knowledge previously treated separately i.e. landscape architecture, gardening, spatial planning, architecture, urban planning and environmental protection. On the completion of these studies the graduates will be qualified to work on both Polish and world markets in such areas as: city administration, landscape architecture offices, urban offices, large real estate development companies, independent design studios and also innovative enterprises and recently popular start-ups.

Environment and landscape shaping is focused on integrated architectural and urban planning solutions of pro-ecological, high landscape and technical values and plays an important role in the study programme. This goal is possible to be achieved through the implementation of education modules in the system of full-time second-cycle studies conducted over three semesters.

MANAGEMENT AND PRODUCTION ENGINEERING

First-cycle

Second-cycle studies

Become a manager with the background in engineering and a specialist in managing production processes!

Why is it worth studying Management and Production Engineering?

This course of studies combines management and the engineering aspects of production. The programme includes both subjects related to management (e.g. marketing, management, management of production and services, human resource management) and production engineering (e.g. engineering design, engineering graphics, production processes, automation and robotics in manufacturing, machine exploitation, thermal engineering, refrigeration, packaging). You will attain extensive education in engineering and technical sciences with the background in management.

A graduate of Management and Production Engineering has both general and specialist knowledge of management, economics and organization of production engineering.



Practical education is an invaluable experience:

- ✦ Two specialties: Production and Services Management Engineering and Management and Food Processing Engineering,
- ✦ Practical classes are conducted in manufacturing and trading companies as well as service providers ,
- ✦ Practical classes in didactic laboratories equipped with high-tech apparatus,
- ✦ Specialist courses e.g. Auto CAD 2D Drawing and Auto CAD 3D Modeling,
- ✦ Scientific circles and student organisations enable students to develop their interests



PLANT PROTECTION AND PHYTOSANITARY CONTROL

Second-cycle studies

Become a specialist in plant protection!

Plant protection is a very important and, at the same time, difficult element of plant production. This field of study provides extended knowledge in the area of: monitoring pathogens and pests in agricultural, horticultural and forest crops, plant resistance to environmental factors, crop protection against weeds and weather phenomena, pesticide ecotoxicology, sustainable plant protection. Students learn methods and techniques of plant protection, including non-chemical and chemical methods to control harmful organisms in accordance with the principles of integrated pest management (IPM).

The graduate acquires skills to identify pathogens, pests and symptoms of non-infectious plant diseases using various diagnostic tools. He/She gains the ability to choose methods of reducing pests in crops and the human environment, learns the binding legal regulations in the field of plant protection and organization of phytosanitary control, has knowledge of running business, rules and techniques of advisor work and obtaining European Union funds for projects in agriculture.

The graduate will be prepared to work in:

- ✦ state offices related to the control of plant products (border points for plant inspections in the country and in the European Union countries, (e.g. State Plant Protection Inspection)

- ✦ analytical laboratories,
- ✦ agricultural advisory centres,
- ✦ companies dealing with the protection of urban
- ✦ greenery,
- ✦ scientific units,

and will be able to:

- ✦ run his own business (plant production and distribution of plant protection products),
- ✦ work as a consultant and advisor for plant protection in garden centres.

QUALIFICATION & DOCUMENTS

1. The application form (downloaded from the ULSL website)
2. In the case of applying for bachelor studies:
 - ✦ a photocopy of either the secondary schoolleaving examination certificate or the secondary school-leaving diploma authorising the candidate to enter the university in the country of its issuing. (The original certificate available upon request. The copy will be legalised by the University. The documents must be submitted in English or translated either into English or Polish by a sworn translator)

In the case of applying for 2nd degree master studies:

- ✦ original/duplicate of bachelor diploma
 - ✦ the original (for inspection) and a copy of the supplement of the first cycle graduate diploma together with its sworn translation into English language.
3. A document certifying the minimum B2 level of English (e.g. FCE, CAE, TELTC, TOEFL, TELC), if secondary school education was in other than English language.
 4. A certified copy of a foreign passport (the personal data page)
 5. Current ID card-style photograph (35 x 45 mm) and an electronic photograph.
 6. A medical certificate (downloaded from the ULS website) excluding any contraindications to undertake the study.
 7. An insurance policy or a European Health Insurance Card (after arriving in Poland).
 8. The proof of payment of EUR 150 admission fee* into the University bank account.



9. A copy of students visa (the original must be available for inspection) a temporary residence card or any other document entitling the holder to stay in Poland.
10. Parental consent for under 18 candidates to start studies, to submit and sign all documents required in the recruitment process and to meet the financial settlement connected with the beginning of studies.

The University of Life Sciences in Lublin reserves the right to verify all information that you have provided in your application.



HOW TO APPLY

How to apply?

9 steps to make a successful application to University of Life Sciences in Lublin!

- 1** Choose a programme of study (you will find a list of programmes on our website or here in this Information Booklet).
- 2** Print an together with the rest of the documents:
 - ✦ Scan of the secondary school certificate authorizing the candidate to enter the university in the country of issuance
 - » The candidate is required to present a transcript of records – a grade sheet – showing the academic achievements at school (subjects, grades, credits). A secondary school transcript may be called "testimonial" in some countries. Candidate should include an explanation of how the grading system works in the country the certificate(s) come from (ie. which grades are the best, and which are the poorest) e.g. 6 – excellent, 5- very good, etc. The transcript of academic records should be legalized (or bear an Apostille). The secondary school transcript (if on a separate sheet) should also be legalized or have the Apostille.
 - ✦ Please be aware that your certificates, diplomas, and transcripts, will have to bear the the stamp of legalization from the Polish Embassy of the country where the certificate, diploma or transcript was issued (except if the documents were issued in the country which is a part of the Hague Convention – then Apostille is needed). You may also be asked to provide an eligibility statement for your credentials, issued by appropriate educational authorities or consular office. Master degree course applicants have to submit their Bachelor diploma and Academic Transcript of Records (originals or copies authenticated by a notary public and, if applicable, a certified translation to English).

When you apply to Veterinary Medicine programme:

Obtain grades of at least: 60% of a maximum grade in biology and 60% of a maximum grade in chemistry or 60% of a maximum grade of the subject covering chemistry and biology programme in your secondary school certificate. In case of grades lower than 60% of respective maximum grades, the candidate will have an interview via the Internet (e.g. MS Teams) or at ULSL on the date agreed with the University.

- + Scan/Copy of Passport (page with personal data, address and photo).
- + Scan/Copy of certificate confirming knowledge of English language (minimum B2 level), or any document confirming the knowledge of English (if secondary school education is in other than English language).
- + Health Certificate (downloaded from the ULSL website) confirming that candidate is eligible for the chosen programme. The documents must be submitted in English or translated either into English or Polish by a sworn translator.

3 Pay the admission fee (EUR 150) in order to complete the submission of your application: please contact the University staff: admission@up.lublin.pl, they will provide you with the account number.

4 Submit all the above documents (together with the proof of payment) to e-mail: admission@up.lublin.pl
Please note that your application will be considered only when you submit all the documents together with the proof of admission fee payment.

5 You will be informed via email about your application status.

6 Prepare all the remaining documents required for the admission process (check the list of documents required on our website).

7 Pay the tuition fee for one academic year (two semesters) in advance (bank details as above).

8 Wait for the documents that are necessary to apply for a Visa. – The Final Acceptance Letter – The Recommendation Letter to the Polish Embassy – The



Certificate of Enrollment. We will send it to you after receipt of the signed Offer Letter and confirmation of payment (the money have to be on our account).

9 You made it! Nice to see you as one of our students!

- + Please make sure that you have the originals of the required documents, because you will need to submit them after your arrival to Poland.
- + In addition, within 30 days of admission (after your stay in Poland), student has to present an insurance policy or a European Health Insurance Card, or sign an insurance agreement with the National Health Fund.



ON CAMPUS

Accommodation on campus

You don't need to worry about the place to stay. All our incoming students are given priority in booking accommodation in our dormitories.

We provide:

- + comfortable rooms
- + 24-hour reception
- + nice service
- + low prices

Student dormitories on our university campus offer a wide range of rooms and provide accommodation in fully furnished bedrooms with shared bathrooms and a common TV room, study room, gym and canteen.

Location: Langiewicza Street (city center) and Dobrzańskiego Street (Felin District, near the Majdanek Museum).

Monthly fee: around 125 EUR (shared with other person)

Visit our website <http://www.up.lublin.pl/students-hostel> to look at the photos of our rooms.

SPORT FACILITIES AND LEISURE ACTIVITIES

There are many reasons for the University to be proud of students' successes and achievements. The Centre of Physical Culture and Sports is an interfaculty unit that conducts physical education classes as well as sport activities in cooperation with the University Club of the University Sports Association.

The following sports sections are available for students: swimming section, indoor climbing section, basketball section, indoor rowing section, powerlifting section, mountain cycling section, football section, table tennis section, sailing section. Many of the section members are the medalists of the Polish University Championships.

Centre of Physical Culture and Sports houses a fullsize sports hall, a swimming pool and an aquapark, a modern body-building gym, an aerobic exercise hall, a dance hall, fitness and combat sports halls and a climbing wall. Physical Education classes as well as University Sports Association training sessions take place here. The University Horse Riding Centre offers classes for students wishing to develop their horse riding skills. The University has also the Didactic and Sailing Station located at Piaseczno lake.





LIBRARY

The Main Library of the University of Life Sciences is located in a modern building in the center of our campus. The collection contains approximately 380,000 volumes of books, journals and special collections. On the second and third floor there are reading rooms and rooms for "quiet learning" and the most commonly-used books and journals (with archival resources). Students have an open access to Library resources, they choose from the shelves the copies they need to use on the spot.

In order to borrow a book from the library collection you need to have a valid electronic student ID card or library card.

How to order a book?

Go to bg.up.lublin.pl, find BG CATALOG and search for the book you need.

The waiting time for the book pick up request (PL – reverse) is about 30 minutes. Books ordered electronically outside the opening hours of the Library can be picked up the next day from 8.30.

The items ordered from the library warehouse are stored in the Rental Room for 2 days.

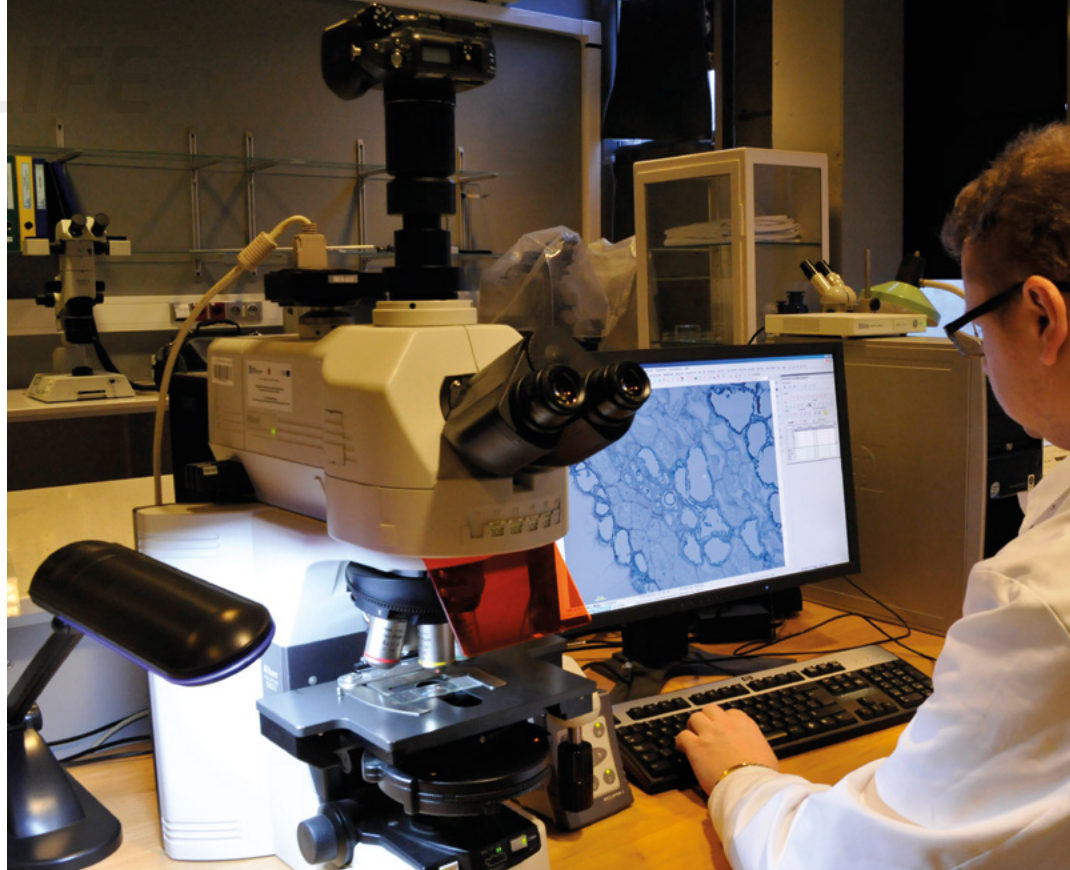
Useful information:

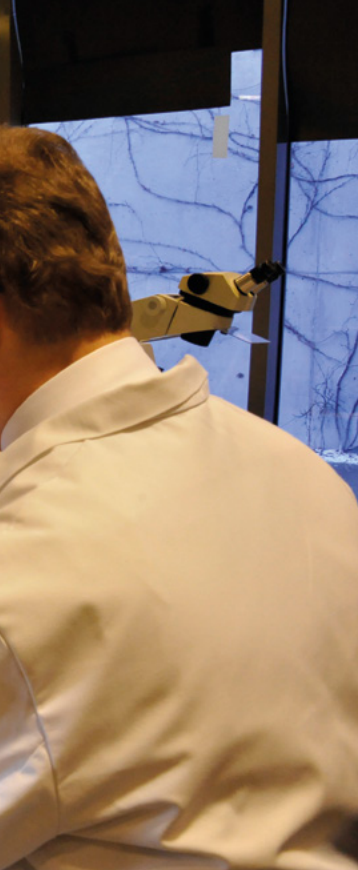
- + ULSL students can borrow up to 10 books for a period of 6 months.
- + If necessary, the reader can extend the time of the loan by himself/herself (twice).
- + You can return the books either in the Lending Room in the Main Library building at a given time or you can also use the book return slots during the opening hours of the AGRO II building.

STUDENTS LIFE

Scientific, cultural and social development of students is very important to us – we try to support all initiatives in this field, in particular those which take place in the framework of students' organizations.

There are fifty active scientific circles. Their members – under the guidance of tutors – have the opportunity to conduct interesting research projects and may participate in national and international symposia and conferences.





Student Government Council, together with Faculty Councils organize each year a number of projects in the field of development of soft skills: trainings and meetings with business people. The biggest project is the organization of Lublin Student Culture Days called Feliniada.

Every year in May concerts in the open air, close to the dormitories, attract thousands of people. Periodically, charity events are also organized, especially during the winter holiday season.





Our artistic groups with a long tradition play an important role in the life of the University: Academic Choir as the second oldest students' choir in Lublin (1952) and Song and Dance Group "Jawor" (1960) also with a rich history of artistic activity. Both groups travel around the world, take part in international competitions and win the first prizes.



COSTS OF LIFE & SHOPPING

There are several small grocery stores and bakeries on the campus, as well as chemical and paper articles and post offices. There are discount store chains in Lublin (Biedronka, Aldi, Lidl, Stokrotka). Grocery stores are open from 7:00 to 19:00. For larger purchases you should go to a supermarket or shopping center (CH) or a discount from one of the discount chains, which are usually open from 9:00 to 21:00, Monday to Friday, and on Saturday to 20:00. On Sundays, small grocery stores open later and close earlier. Supermarkets and shopping centers are closed on Sundays.

Shopping centres:

- ✦ E.Leclerc, ul. Tomasza Zana 19
- ✦ Media Markt (electronic equipment), ul. Tomasza Zana 31
- ✦ CHR Lublin Plaza, ul. Lipowa 13
- ✦ Galeria Olimp, Aleja Spółdzielczości Pracy 34
Leroy Merlin
- ✦ Kaufland ul. Orkana 4
Galeria Orkana, ul. Orkana 6
- ✦ Decathlon (sports clothes and equipment), Aleja Spółdzielczości Pracy 28
or ul. Gęsia 1
- ✦ CH Atrium Felicity, Al. Wincentego Witosa 32
Leroy Merlin

Lublin is a friendly and quite cheap place to live. The average cost of living for the student is 500 euros to cover the flat, board and study materials. Monthly expenses (on average):

- ✦ rent in a shared flat (or dormitory ULSL) – 100-200 EU
- ✦ a meal in budget restaurant or student canteen – 4-6 EU
- ✦ a coffee in cafe or restaurant – 2-4 EU
- ✦ food/for month – 200 EU:
 - ✦ Bread: 0,7-1,7 EU
 - ✦ Margarine, 500 g: 1,5-2 EU
 - ✦ Milk 2%, 1l: 0,5-1 EU
 - ✦ Eggs (10 pieces): 1,5-2,5 EU
 - ✦ Chicken breasts, 1 kg: 3,7-5 EU
 - ✦ Boneless pork, 1 kg: 3-4,5 EU
 - ✦ Spaghetti pasta: 1-1,5 EU
 - ✦ Domestic apples, 1 kg: 1-3 EU
 - ✦ Carrots, 1 kg: 0.4-1.5 EU
 - ✦ Potatoes, 1kg: 1-3 EU
 - ✦ Tomatoes, 1 kg: 1-2,5 EU
 - ✦ Orange juice: 0,7-1,5 EU

Lublin is one of the three cities in Poland where, apart from the busses, one can also travel in the trolleybuses. All the information about the tickets, schedules, and planning the journey can be found at: www.ztm.lublin.eu

INSURANCE & CARE

In Poland, you can treat yourself in public healthcare institutions (outpatient clinics and hospitals) – free of charge and exclusively for insured persons as well as in private clinics and hospitals – payable.

Insured persons have the right to unpaid health care (illness and injury prevention, early detection of diseases, treatment, patient care, disability prevention and rehabilitation). You can insure yourself by paying a contribution to the National Health Fund which finances health care in Poland.

Information on voluntary health insurance for foreigners can be obtained from the National Health Fund: www.nfz-lublin.pl/dobrowolne_ubezpieczenie_zdrowotne

- ✦ Foreigners from EU Member States or Member States of the European Free Trade Association (EFTA) – the parties to the Agreement on the European Economic Area may benefit from free health care services provided they have a European Health Insurance Card. If they do not have a title to be insured in the country of residence, they are reported for insurance by the university under the rules applicable to Polish students.
- ✦ Foreign nationals from other countries are entitled to conclude an agreement on voluntary health insurance with the National Health Fund. Conclusion of the contract is associated with the purchase of insurance and payment of a monthly health contribution. A foreigner may take out an insurance policy in their country or in Poland. The policy would protect them from consequences of unfortunate accidents or illness for the period of studying in Poland.



- ✦ Foreigners of Polish origin duly documented within the meaning of the provisions on repatriation may be entitled to free access to financial health care services from public funds if they insure themselves voluntarily by entering into a contract with the National Health Fund. Premiums for health insurance are paid by the university.
- ✦ Foreigners interested in health insurance should report to the Social Affairs Department for Students in Lublin, Langiewicza 6, room 17 in order to obtain accurate information and to complete formalities.



IMMIGRATION

Citizens of EU / EEG countries do not have to apply for a visa to enter Poland. The border is crossed on the basis of a valid identity document: identity card or passport. If they intend to stay for less than three months, they do not need to register their stay as a foreigner.

However, if they stay in Poland for more than 3 months, they must legalize their stay. Students from countries and from outside the EU / EEG should apply for an educational visa through the Polish consulate or embassy in their country.

Citizens of the European Union (EU), European countries of the Economic Area (EEA) or Swiss planning to study and stay in Poland for more than 3 months must register within the first three months of their arrival in Poland. Citizens of non-EU / EEG countries must register their stay at least 45 days in advance before their current visa expires / residence permits.

**** All documents submitted in foreign languages should be translated into Polish by a sworn translator.**

After being granted a residence permit you will be issued a residence card. You should keep the residence card with you at all times.

Information on how to legalize your stay in Poland you will find on website:

www.migrant.info.pl

www.study.lublin.eu/en

**Voivod's Office of Lubelskie, Citizens' Affairs and Foreigners Department ,
Foreigners ' Affairs Unit**

(in Polish: Lubelski Urząd Wojewódzki, Wydział Spraw Obywatelskich i
Cudzoziemców, Oddział ds. Cudzoziemców)

20-914 Lublin

ul. Spokojna 4

tel.: 81 742 45 59

POLAND

Poland is located in central Europe and impresses with a varied natural environment. It is a family country of Nicolaus Copernicus, Maria Skłodowska-Curie, Chopin and many outstanding personalities. The greater part of the northern border of Poland is covered by the Baltic Sea, and further to the south is the lake district and extensive lowlands. In the south, there are upland areas and two mountain ranges: Karpaty and Sudety, closing the southern border of Poland.

Official name: The Republic of Poland (in Polish: Rzeczpospolita Polska)

Short name: Poland (in Polish: Polska)

National flag: Colour: top – white, bottom – red

Language: Polish

Capital: Warsaw

Population: 38 million

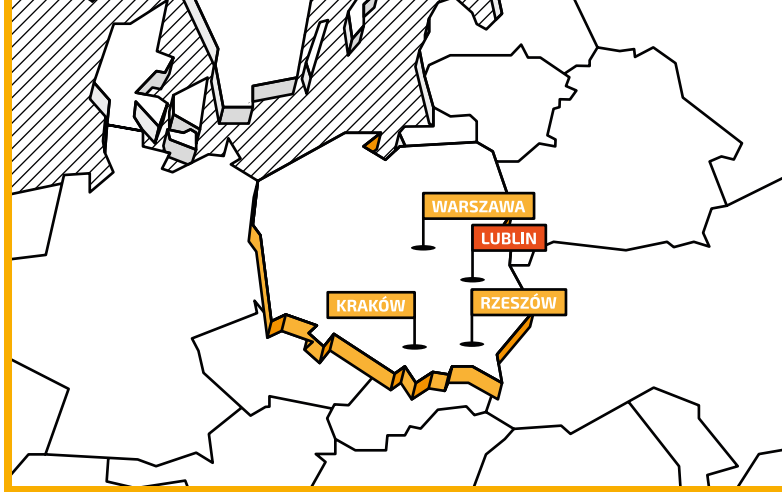
Area: 312 685 km²; Poland is the 9th biggest country in Europe, and 69th in the world.

Border countries: Russia, Lithuania, Belarus, Ukraine, Slovakia, Czech Republic, Germany

Religion: Roman Catholic (about 93%), Eastern Orthodox, Protestant and others

Currency: 1 złoty (PLN) = 100 grosz, (EUR 1 = approx. PLN 4)

Climate: Continental; moderate, changeable weather. We strongly recommend taking warm clothes as in winter temperature may reach -25°C! However, in summer the average temperature is 20°C.



Local time: GMT + 1 hr

Electricity: 230 V/50 Hz (European plug)

Calling code to Poland: +48

Calling code to Lublin: +81

Emergency telephone numbers: 112

*European emergency number, to be used in the event of: fire, traffic accident, burglary, theft, violence, etc.



LUBLIN

Lublin is the capital of Lublin Voivodship, a city with rich culture and long history and one of the oldest cities in Poland. The earliest settlements in this area date back to the 6th-7th century. It received city rights in 1317.

Owing to its location near the European Union eastern border with Ukraine and Belarus, Lublin is an important centre for both international and economic relations. With a population of 343,000, Lublin is the largest city in Poland east of Warsaw and the Vistula River.

It is also one of the largest academic centres in Poland comprising five universities, among others the University of Life Sciences in Lublin, as well as state research institutes.

Students represent a significant part of the population in Lublin, which is reflected in its unique atmosphere. Student Cultural Days is a series of events, inter alia, concerts, theatre performances, film marathons, dance performances and other accompanying activities that last throughout May.

Large annual festivals and cultural events such as the Night of Culture, the Magicians' Carnival, the Jagiellonian Fair, and the European Festival of Taste attract audiences from all over Poland and abroad.

The international Lublin Airport, situated 10 km from the city center and easily connected with public transport (direct train and buses), serves many European destinations like Dublin, Oslo, London, Munich.



FACTS AND FIGURES

- ✦ the area of the city of Lublin 14 747 ha
- ✦ about 340,000 residents
- ✦ about 65,000 students
- ✦ 9 higher education institutions, including 5 public ones
- ✦ over 200 fields of study at public and private universities
- ✦ about 6,500 foreigners from almost 100 countries

Lublin Voivodship with its numerous national and landscape parks, tourist infrastructure, including a well-developed network of bicycle paths and places full of still unspoiled and pure nature, encourages active forms of leisure. Ecology, with particular emphasis on food and agriculture is one of the strategic priorities.





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WHY IS IT WORTH STUDYING IN LUBLIN?

- ✦ a city where long history intertwines with modern living
- ✦ low costs of living
- ✦ linked by air with major European cities
- ✦ unique and friendly atmosphere
- ✦ rich cultural life
- ✦ fantastic regional cuisine
- ✦ many amazing places to visit in the city and surrounding area
- ✦ considered a very safe city

HOW TO GET TO LUBLIN



Lublin is located in the east of Poland. You can easily get here by train, by bus and by car or by plane. Lublin has its own airport in Świdnik, which is 18 minutes from the city center.

There is a direct train connection between Lublin Airport and Lublin (Central Station Lublin) - the journey takes 15 minutes.

Find out more at: www.airport.lublin.pl

You can take flights to other major cities in Poland, e.g. Warsaw, Krakow, Katowice, Poznan.

You can get to Lublin by train or bus from each of these cities.

Information in English on the subject of journeys with the option of buying an on-line ticket you can find on the websites:

en.e-podroznik.pl

www.lotnisko-chopina.pl

From the airport Chopin in Warsaw (which is closest to Lublin) you will get to Lublin with a private bus line that goes directly from the airport to the main bus station in Lublin - cost: approx. PLN 50.00; travel time: 3 hours.

USEFUL CONTACTS

Erasmus Plus Programme

15 Akademicka Street – Main Library building,
20-950 Lublin
3rd floor, room 309
e-mail: erasmus@up.lublin.pl

The Lubelskie Province Governor's Office in Lublin

Citizens' Affairs and Foreigners Department,
Foreigners Division
4 Spokojna Street
20-914 Lublin
wsoic.lublin.uw.gov.pl/en

USEFUL WEBSITES IN ENGLISH

Study in Lublin – here you will find the necessary information about the legalization of stay, health service, etc.

<http://study.lublin.eu/en/>

NAWA Polish National Agency for Academic Exchange

<https://nawa.gov.pl/en/>

About Lublin

<http://www.lublin.eu/en>

<http://lublintravel.pl>

About the Lubelskie Region

<http://www.lubelskie.pl/>

About places to see in Poland

<http://en.poland.gov.pl>

<http://www.poland.travel/en>

About staying in Poland

<http://www.staypoland.com>

FIND OUT MORE

Admissions and Education Promotion Office

Akademicka 15, 20-950 Lublin, Poland

up.lublin.pl/en

admission@up.lublin.pl

tel. (048) 81 445 66 91

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A BIT OF POLISH

Good morning/Good day – Dzień dobry

Hello, Hi – Cześć

How's it going? – Jak leci?

I'm doing well – Dobrze

It's bad – Źle

Good evening – Dobry wieczór

Good bye/Bye – Do widzenia/Cześć

Good night – Dobranoc

See you later – Do zobaczenia później

I'm sorry – Przepraszam

Thank you – Dziękuję

Pardon? – Słucham?

What? – Co?

I understand – Rozumiem

I don't understand – Nie rozumiem

I would like... – Chcę...

How much does it cost? – Ile to kosztuje?

Student dormitory – Akademik, dom studencki

Faculty – Wydział

Dean's Office – Dziekanat

Student ID – Legitymacja studencka

Library – Biblioteka

Book – Książka

Ticket – Bilet

Newsagent's – Kiosk

Post Office – Poczta

Exchange office – Kantor

ATM/Cash dispenser – Bankomat

Money – Pieniądze

The background is a collage of various colored rectangles and shapes. On the left, there is a large yellow rectangle. To its right is a large orange rectangle. Further right, there is a teal rectangle at the top, a pink rectangle below it, and a white rectangle below that. To the right of the white rectangle is a green rectangle. At the bottom, there is a red rectangle. A small light blue rectangle is at the top left. A small purple rectangle is at the top right. A small light blue rectangle is at the bottom left. The text 'up.lublin.pl' is centered in the white rectangle.

up.lublin.pl