**Title of the Paper**

First Name Last Name1\*, First Name Last Name2

1. *1 Full name of the represented institution, university, university address.*
2. *2 Full name of the represented institution, university, university address.*

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**Abstract**

The abstract should be a standalone text of approximately 200–250 words, presenting the essential issues covered in the paper and outlining the main results and conclusions. The abstract should convey information about identified relationships or facts without the need to read the entire publication. Font: Times New Roman (TNR), 9 pt, justified alignment.

**Keywords:** Font – TNR 9 pt, justified. Provide no fewer than 4 and preferably 6 keywords that will assist in indexing and searching.

**1. Introduction**

The text should be prepared in Word (.doc) format using Times New Roman font. Main text – 11 pt, justified, line spacing 1.5.

Text area should be limited to 13.5 cm × 19.5 cm. For this, set the margins on A4 format as follows: top and bottom – 5 cm; left and right – 3.75 cm. Illustrations must not exceed these dimensions. Only tables in landscape orientation may have a width of up to 21 cm. Section titles (Introduction and further chapters) – bold, 11 pt, aligned to the left margin. The paper must be concise, with correct and current professional terminology (e.g., for chemicals, equipment, and processes). SI units must be used (except temperature, which should be expressed in °C).

Include important details on: origin of the experimental material research methodology and reference sources, experimental design, number of samples and/or repetitions, statistical methods used summary of results.

A monograph chapter should be a well-defined, thematically consistent scientific work with a clearly specified aim and scope.

A research monograph must present unpublished results. A theoretical monograph should be a synthetic, original, and creative overview of knowledge on a given topic.

Text content must be divided into numbered chapters and subchapters with subtitles arranged logically by topic. Annexes may be included to present detailed experimental results. For studies involving animals, the methods section must include a statement confirming approval from the appropriate bioethical committee. Review-type chapters should be divided using unnumbered subheadings, starting with an Introduction and ending with a Summary. Subheadings are defined by the authors. After the Conclusions or Summary, provide information on the project or theme under which the publication was prepared and the sources of funding.

**2. Materials and Methods**

**3. Results**

**4. Discussion**

**5. Conclusions/Summary**

**6. References**

References – Font: 9 pt, justified.

Bibliographic entries should be listed alphabetically by the first author's surname. If multiple articles by the same author appear, arrange them chronologically. Do not divide sources by type of publication. Use original sources. The majority of references should be from the last ten years.

Cite references in-text using author name and year, e.g., [Kowalski 2015]. For two authors: [Kowalski and Nowak 2015], for more: [Kowalski et al. 2015].

Each entry in the reference list should be numbered in square brackets, and the text should cite them using these numbers. The reference list should include no more than 30 key items, mainly from the last decade. Use official journal title abbreviations.

**Examples of bibliography formats:**

**Journal Articles**

[1] Dziuba J., Szerszunowicz I., Nałęcz D., Dziuba M.: Proteomic analysis of albumin and globulin fractions in pea seeds (Pisum sativum L.). Acta Sci. Pol., Technol. Aliment., 2014, 2 (13), 181–190.

[2] Kowalski S., Łukasiewicz M.: Impact of baking conditions on formation of selected furan derivatives and antioxidant potential changes in shortbread cookies. Food. Science. Technology. Quality, 2014, 1 (92), 187–199.

**Monographs**

[1] Asatiani M.D., Elisashvili V., Songulashvili G., Reznick A.Z., Wasser S.P.: Higher Basidiomycetes mushrooms as a source of antioxidants. In: Progress in Mycology. Eds. M. Rai, G. Kovics. Scientific Publishers India, 2010, pp. 311–326.

[2] Bari M.L., Ukuku D.O.: Foodborne Pathogens and Food Safety. CRC Press, Boca Raton, USA, 2015.

[3] Baryłko-Pikielna N., Matuszewska I.: Sensory analysis of food. Basics. Methods. Applications. 2nd ed., PTTŻ Scientific Publ., Kraków, 2014.

**Standards**

[1] PN-EN ISO 8586-2:2008. Sensory analysis – General guidelines for the selection, training, and monitoring of assessors – Part 2: Experts.

[2] PN-ISO 2446:2010. Milk – Determination of fat content.

**Conference materials, legislation, patents, websites**

[1] Grudzińska M., Zgórska K., Czerko Z.: Effect of CIPC and S(+) carvone on sprout inhibition and quality of potato tubers during storage. 18th Triennial Conf. of the European Association for Potato Research, Oulu, Finland, July 24–29, 2011, pp. 225–235.

[2] Regulation of the Minister of Health of 23 December 2010 on specifications and purity criteria of food additives. Official Journal 2011, No. 2, item 3.

[3] Regulation (EC) No 852/2004 of the European Parliament and of the Council on the hygiene of foodstuffs. OJ L 139, p. 1, 30.04.2004 as amended.

[4] Act of 25 August 2006 on food and nutrition safety. Official Journal 2006, No. 171, item 1225. Consolidated text: OJ 2015, item 594.

[5] Shih J.C.H., Xiang Lin, Miller E.S.: DNA encoding Bacillus licheniformis PWD-1 Keratinase. USA. Patent US 1998, 5.712.147.

[6] Epidemiological bulletins. [online]. PZH. Accessed: 6.08.2014. http://www.pzh.gov.pl/oldpage/epimeld/index\_p.html

**Tables / Charts / Figures Requirements**

Tables, figures, and photographs must be numbered and embedded in the manuscript. Their order of appearance must correspond to their order of citation in the text.

Original files (e.g., Excel) should be submitted separately. Tables and figures must be clear and self-explanatory without the need to refer to the text. Do not duplicate data across tables and charts. Font: TNR

Table titles above the table, max 9 pt font, no bold or italics. Figure titles below the figure, 9 pt. Italics are reserved for Latin biological names or subheadings. Statistical tables must include explanations (e.g., number of samples – n). Photographs and charts created in other programs must be high quality: .tif or .jpg format, minimum 300 dpi resolution. If using copyrighted material (tables, figures, photos, etc.) from other sources, written permission must be obtained and submitted to the publisher. In studies involving animals, the methodology section must include a statement on obtaining bioethical committee approval.